

CLOWN WORKSHOP

by Facundo Gimenez

General Syllabus - Clown Workshop by Facundo Gimenez © 2017

Course Name	Physical Theater & Visual Comedy	
Objective	For the participant to learn the clown philosophy, values, and techniques, while deepening the understanding of the methods and limitations, and be able to establish correlations between other performing arts. To provide the tools that will allow the participant to perform with ease when applying this knowledge in the professional, academic, or personal field.	
Required Skills	<ul style="list-style-type: none"> • Optimal physical abilities • Able to work as part of a team 	
Total Course Length	From 8 to 24 hours (the length of this workshop may be adjusted depending on the organizer's budget).	
Number of Participants	8 participants minimum 20 participants maximum (dependent on size of room)	
Available Course Languages	Spanish, English, Portuguese	
Materials Needed	<ul style="list-style-type: none"> • 1 instructor manual • 1 registration form • 20 name labels • 20 waiver forms • 20 satisfaction surveys • 20 pens/pencils • 20 sheets of paper • 20 diplomas for participants • Board (with markers and eraser) 	<ul style="list-style-type: none"> • 15 broomsticks • 15 earplugs • Eye patches • Plastic clown noses • Clown props • 6-meter rope • Fruits, chocolate, etc • Glass cups • Sugar cubes • Bottled water
	*ALL BLACK, COMFORTABLE CLOTHING WITH NO LOGOS	
Space and Equipment Needed	<ul style="list-style-type: none"> • Rehearsal space for 20 people • 110V electric plugs • Access to room light switch • Sound System • 22 chairs • 1 table 	

Program Outline

- Introduction
- Workshop Rules
 - Respect the schedule
 - Turn off cellphones for the entire length of class
 - No talking to classmates during class
 - No eating in room
 - Use of bathroom only during breaks
 - Total respect amongst participants
 - Confidentiality
- Clown Philosophy
 - History and Theory
 - Clown Values
 - Graphic Examples
- Group Presentation (Ancestors)
- Warm-up
 - Elongation
 - Breathing Exercises
- SpaceVolume
 - Conscience of Space
 - Group Connection
 - Guide (transmitter-receiver)
- Physical Volume (Teacher Visual Example)
Weight - Defragmentation - Balance - Textures - Speed
- Sensory Perception *broomsticks
 - Peripheral Vision, Concentration and Reflections
 - Transmitter and Receiver
 - Stimulating the Senses and Keys
- Kinesthetics:
 - Visual and Auditory Cancellation
 - Tastes y Smells
- Auditory Perception:
 - Guided Meditation (5 mins)
 - Couples Game: touch the back
- Visual Perception:
 - Sugar Cube
- Structure Review
 - Q&A
- Neutral Mask and the Dissociation
- Transmission of Sensations
- Emotional Volumes
- Present State - Gift of Wrath

- Timing - Clown Couples Game
- Revealing Problems
 - I'm
 - Naked Clown
 - Physical Expansion Ball
- Games
 - Action and Reaction (Zing-Zan-Bon)
 - Game of Imagination (Imaginary Objects)
 - Game (Shoe)
 - Jumprope (Group)
 - Manikin (Trio)
 - Mirror (Couples)
- Interpretation and Improvisation:
 - Angel and Demon
 - Character Improv
 - Cavern (Space Dimension)
 - Musical Connection
- Clown State (Group Exercise)
- Closing and Diplomas
- Satisfaction Surveys and Group Photo

Clown Workshop by Facundo Gimenez © 2017. We reserve the right to modify the order or remove non-relevant exercises, depending on the physical and professional level of participants, or rehearsal room space. In the case that any of the participants do not respect the rules of the workshop, Clown Workshop by Facundo Gimenez © 2017, we reserve the right to expel the participant with a refund of 50% of the value of their registration.

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